



Heart Song

Wellington's Bereaved Parents' Support Group

**The Heart Song group
meets together on the 2nd
Wednesday of every month.**

This is a community group for bereaved parents in the Wellington Region whose child/children died, at any age. Your child/children may have died recently, a long time ago or any time in between. It doesn't matter.

Everyone will be welcomed.

The group has been started, with Skylight's support, by bereaved parents who know what a huge difference it can make to meet others who 'get it' and who've 'been there' too.

Skylight, a loss and grief support agency, is honoured to host it, and promote it, and it will be facilitated by trained professionals who have experience supporting bereaved Mums and Dads, and their families.

Where?

At Skylight,
2nd floor of the National Bank Building.
The entrance is on the corner of
Green and Riddiford Streets,
Newtown, Wellington.

What time?

7.15pm for coffee - 7.30pm start
9.00pm finish

Cost? None

For further Information

Phone Judy 027 480 7421
or Skylight 04 939 6767

**The grief of bereaved parents
is unique.**

This will be a support group that offers you understanding, ideas for managing grief, helpful information, friendship and hope.

Dates for 2012

2nd Wednesday of each month

February 8

March 14

April 11

May 9

June 13

July 11

August 8

September 12

October 10

November 14

December
date to be confirmed